



If you have Long COVID, you may be able to join a research study.

What is Long COVID?

Long COVID is when a person has ongoing symptoms months after getting COVID. Autonomic dysfunction symptoms of Long COVID can include fast heart rate, dizziness, and fatigue when you stand up from sitting or lying down. This condition is known as Postural Orthostatic Tachycardia Syndrome (POTS).



What is the study about?



RECOVER-AUTONOMIC is studying possible treatments for adults who have POTS related to Long COVID.

We want to learn if a **study drug called Ivabradine and lifestyle changes** can improve daily functioning for people with ongoing autonomic dysfunction symptoms after a COVID infection.

Are you a good fit for the study?

- You are an adult who developed POTS symptoms after getting COVID
- You do not have an active COVID infection
- You still have 1 or more of these POTS symptoms when you stand up:
 - Fast heart rate
 - Dizziness
 - Fatigue



No health insurance is required

Learn more at
trials.recovercovid.org/autonomic



What can I expect if I decide to take part in the Ivabradine or placebo group?



Your participation should last about 6 months



You will complete lab tests, physical ability tests, and autonomic nervous system function tests, if applicable



You would be paid for your time

What will I be asked to do as a participant in the Ivabradine or placebo group?



Visit the study clinic 4 to 5 times



Take a study drug, provided at no cost



Wear a fitness tracker to record your heart rate and daily activity



Answer surveys about how you are feeling

In addition to the study drug, some participants will complete 3 months of coordinated non-drug care, like diet changes and wearing a compression belt around the stomach.

Contact the study team to find out if RECOVER-AUTONOMIC is right for you.



Scan the code to learn more or visit trials.recovercovid.org/autonomic

